

A background image showing a group of diverse young children sitting around a table in a classroom, engaged in a craft or drawing activity. The room is decorated with colorful paper flowers and hearts on the wall.

KINDERGARTEN – GRADE 2

TERRACE METRICS

Being Kindness Leaders!

Positive Peer Experiences — Lesson 3 of 3 | LIVE

Welcome to the final lesson in the Positive Peer Experiences series! In this LIVE lesson, students put everything they've learned into action. They will reflect on what it means to be an includer, take on a two-week Kindness Challenge, and grow a classroom Kindness Garden together. By the end of this lesson, every student will know that their small acts of kindness make a BIG difference — every single day. Continue this lesson as long as you like, simply by continuing to have students add to the Kindness Garden throughout the year.

Lesson Goals

This final lesson is all about putting kindness into practice! Students move from learning about inclusion to actually doing it — every day, in small and meaningful ways. Keep these four goals in mind as you guide your students through the activities.

1

Recognize Opportunities to Help Others Feel Welcome

Students will learn to notice when someone might be feeling left out — and feel confident taking a small, kind action to help them feel like they belong.

2

Reflect on How Their Actions Affect Others

Through partner sharing and class discussions, students will think about how their kindness impacts the people around them — and how it makes them feel too.

3

Build a Caring Classroom Community

Together, students will grow a Kindness Garden that shows the whole class just how much kindness they are capable of — and celebrate the caring community they have built.

Welcome Back, Includers! 🖐️

Open this final lesson with energy and pride! Students have been working hard over the past few weeks — now it's time to celebrate what they've learned and get excited about putting it all into action. Use a warm, enthusiastic tone from the very first moment.

Slide 1

Celebrate Your Includers!

"Over the past few weeks, you have been learning how to be kind, welcoming, and inclusive. You have been practicing helping others feel like they belong — and that is something to be really proud of! Today we are going to talk about how we can KEEP being includers every single day. Being kind is not something we do just once — it's something we practice again and again."

Slide 2 What Does an Includer Do?

"Who remembers what an includer does?"

Allow students to respond freely. Look for answers like: invites others to play, uses kind words, helps others, shares, makes others feel welcome. Write their ideas on the board as they share

"That's right! Every time we include someone, we help make our classroom a happier place for everybody."

Slide 3 Small Actions Make a BIG Difference

"Being kind can be very simple. You can smile at someone, say hello, ask someone to play, help clean up, share your supplies, or sit with someone who is alone. These small actions can make a HUGE difference to someone's day!"

"How do you feel when someone is kind to YOU?"

Allow 3–4 students to share. Validate every response warmly.

Slide 3 (alternative version)

Simple Ways to Be an Includer

Help students see that being an includer doesn't have to be complicated. Display this list on the board or practice it together as a class.



Smile at Someone

"A smile is free and takes one second — but it can make someone's whole day better! Let's see your smile."



Say Hello

"A simple 'hi!' to someone who looks lonely can make them feel seen and welcome. Turn to a student next to you and say 'hi' and wave to them."



Ask Someone to Play

"Do you want to play with us?" — four words that can change everything for someone who feels left out. Let's practice this together."



Help Others

"Helping someone without being asked is something that others always notice. What are some ways that you can help?"



Share Your Supplies

"If you notice that someone doesn't have something but you do; like crayons, pencils, or supplies, sharing with them shows that you care about them."



Sit With Someone New

If you see someone sitting alone, invite them to sit with you. That one act can make a huge difference!

Slide 4: The Kindness Challenge!

Launch the challenge with excitement! Use a big, enthusiastic voice — and make it feel like a special event. The more celebratory and concrete you make this, the better!

The Challenge

"Today we are starting our KINDNESS CHALLENGE! For the next two weeks, we are going to work together to help everyone in our class feel included and welcome. Every time you notice yourself doing something kind or inclusive, you can add it to our classroom kindness display. Are you ready?"

What Counts as a Kind Act?

Any time a student does one of these things, it counts for the challenge! ✨ Invites someone to play | ✨ Shares something | ✨ Says something kind | ✨ Helps a classmate | ✨ Sits with someone new | ✨ Smiles or says hello to someone who looks sad | ✨ Stands up for someone who is being left out. For K–2: Post this list in the classroom so students can refer to it throughout the two weeks!

Slide 5: The Kindness Garden Activity

This is the centerpiece of the LIVE lesson — a beautiful, growing classroom display that makes kindness visible! As students add flowers, leaves, or hearts to the garden, they can literally SEE their kindness growing. It's a powerful, reminder that every small act matters.

01

Set Up the Garden

Before the lesson, create a large bulletin board display — a flower garden, a rainbow, a big tree, or a heart. Label it "Our Kindness Garden." Cut out paper flowers, leaves, hearts, or raindrops — one set per student to start. Have extra shapes ready, because students will want more. Use bright, cheerful colors and make the display at student height so they can add to it themselves.

03

Add to the Garden Daily

Throughout the two-week challenge, students add a new flower, leaf, or heart each time they do something kind. Make it a daily routine — for example, at the end of each day, ask: *"Did anyone do something kind today that they'd like to add to our garden?"*

Celebrate each addition with a cheer or a clap. A short daily "kindness check-in" (even just 2 minutes) keeps the momentum going and makes students feel seen.

02

Introduce the Garden

"Whenever you do something kind or help someone feel included, draw or write it on one of these flowers — then we will add it to our Kindness Garden! Watch how our garden grows as our kindness grows!"

Students can also draw a picture of their kind act instead of writing. A helper or teacher can add a label.

Read a few examples aloud: "I invited someone to play. I shared my crayons. I helped a friend clean up. I sat with someone new."

04

Watch It Grow!

As the garden fills up, point it out to students regularly.

"Look how much kindness we have in this room! Every single flower represents a real act of kindness that made someone feel good."

Take a photo of the completed garden to share with families — it's a beautiful celebration of your classroom community!

Reflection Time

Reflection is where the real learning happens! These two activities — a partner share and a class discussion — give students the chance to think about their own kindness and hear about others'. Keep it short, structured, and celebratory. Every response deserves a warm reaction!

Class Reflection (After the Challenge)

After the two-week challenge period, bring the class together for a reflection. ASK these questions one at a time, allowing several students to respond to each:

☀️ "What kind thing did you do that you were most proud of?"

☀️ "How did being kind make YOU feel?"

Write student responses on the board so everyone can see them.

Partner Reflection (Turn & Talk)

This should be done periodically throughout the year.

Ask students to turn and face a partner

"Tell your partner ONE kind thing you did recently. Then listen while they tell you ONE kind thing someone did for them!"

Give pairs about 2 minutes to share.

Model the activity first with a student volunteer so everyone knows what to do.

After sharing, ask 2–3 pairs to share with the whole class. Celebrate every response with a cheer or a clap!

Slide 6: Celebration & Closing

End the entire Positive Peer Experiences series with a big, joyful celebration! Students have worked hard, been brave, and made their classroom a kinder place. This closing moment should feel special — like a graduation into being lifelong kindness leaders. Use your most enthusiastic, proud voice!

Celebrate Your Kindness!

Point to the Kindness Garden:

"Look at how much kindness we have shared!
Because of YOUR actions, more people felt welcome,
more people felt included, and our classroom became
a happier place. You are helping make our school a
wonderful place for EVERYONE!"

Our Classroom Became a Happier Place

*"When we practice kindness every day, our whole
classroom changes. It becomes a place where
everyone feels safe, seen, and valued. That is the
power of being an includer!"*

The Closing Message

SAY slowly and clearly, pausing after each line: *"Remember — EVERYONE belongs. EVERYONE can be kind.
EVERYONE can be an includer. Small acts of kindness can make a BIG difference. Let's keep helping others feel
welcome every single day!"*

Continue to add to the Kindness Garden throughout the year.

Congratulations on completing all three Positive Peer Experiences lessons! Your students have taken meaningful steps toward building a kinder, more connected classroom community — and those habits will last far beyond these lessons.